



RIVER CITY YOUTH FITNESS

Winter 2012 (updated 01-15-12) 784-1990 www.rcyf.com



GYMNASTICS MASTER SCHEDULE

	Mon	Tues	Wed	Thurs	Fri	Sat
OTTER GYMNASTICS (18 months - Kindergarten)						
OTTER PARENT & PUP (18-36 MO)	10:15 - 11:00	10:30 - 11:15		9:15 - 10:00	9:15 - 10:00	9:00 - 9:45
OTTER PUPS I (3 YRS)		9:15 - 10:00	12:45 - 1:30 5:30 - 6:15	10:30 - 11:15 12:45 - 1:30 5:30 - 6:15	9:15 - 10:00 10:30 - 11:15 5:30 - 6:15	10:15 - 11:00
OTTER PUPS II (4-5 YRS)	10:30 - 11:30 12:45 - 1:45 4:15 - 5:15	10:30 - 11:30 12:45 - 1:45 5:15 - 6:15		9:15 - 10:15 12:45 - 1:45 3:15 - 4:15	10:30 - 11:30	9:00 - 10:00
KINDER PUPS (Kindergarten Boys & Girls)	3:15 - 4:15	6:15 - 7:15	3:00 - 4:00	4:30 - 5:30	4:30 - 5:30	10:00 - 11:00
SCHOOL AGE GYMNASTICS (GIRLS) 1st Grade - 18 years						
JR. BEGINNER GYMNASTICS (5-7)	3:15 - 4:15		3:15 - 4:15	5:30 - 6:30		
BEGINNER GYMNASTICS (6+)	5:30 - 6:30	3:15 - 4:15 6:15 - 7:15		6:30 - 7:30	3:15 - 4:15	9:00 - 10:00
ADVANCED BEGINNER (6+)	4:15 - 5:30	3:15 - 4:30	5:45 - 7:00	3:15 - 4:30 5:45 - 7:00	4:15 - 5:30	11:15 - 12:30
JR. INTERMEDIATE GYMNASTICS (6-9)		4:30 - 6:00	4:15 - 5:45		4:15 - 5:45	
INTERMEDIATE GYMNASTICS (7+)	5:30 - 7:00			3:00 - 4:30 5:00 - 6:30		
ADVANCED INTERMEDIATE		4:30 - 6:00				
MIDDLE/HIGH SCHOOL Tues/Thurs	7:00 - 8:30		7:00 - 8:30			
TEAM DEVELOPMENT (GIRLS)						
*JR. ALL STARS (3.5-4.5)		12:45 - 1:45			12:45 - 1:45	
* ALL STAR PUPS 1 (4-6)			3:00 - 4:15 4:15 - 5:30	4:30 - 5:45	3:15 - 4:30	
SCHOOL AGE GYMNASTICS (BOYS) Kindergarten - 18 years						
KINDER BOYS (Kindergarten Boys Only)	5:30 - 6:30					9:00 - 10:00
JR. BOYS BEGINNER (5-7)		3:15 - 4:15				
BEGINNER BOYS GYM (6-11)	3:15 - 4:15		3:15 - 4:15			11:30 - 12:30
ADVANCED BEGINNER BOYS (6+)			4:15 - 5:30			11:30 - 12:45
INTERMEDIATE BOYS (7+)		4:30 - 6:00				
TEAM DEVELOPMENT (BOYS)						
* BOYS ALL STAR				1:00 - 2:00		
* BOYS ALL STAR 1			4:45 - 5:45	3:15 - 4:15	3:30 - 4:30	
* BOYS ALL STAR 2	4:15 - 5:30			4:15 - 5:30		

* Must be recommended for these classes

CLASS DAYS AND TIMES ARE SUBJECT TO CHANGE, PLEASE CALL FOR CONFIRMATION



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GYMNASTICS MASTER SCHEDULE

	Mon	Tues	Wed	Thurs	Fri	Sat
SPORTS & GYMNASICS						
SPORTS & GYM OTTER PUP I (3 YRS)	9:30 - 10:15 12:45 - 1:30	10:30 - 11:15	10:30 - 11:15	9:15 - 10:00	9:15 - 10:00	
SPORTS & GYM OTTER PUP II (4-5 YRS)	10:30 - 11:30	9:15 - 10:15 12:45 - 1:45	12:45 - 1:45	10:30 - 11:30	12:45 - 1:45	
DANCE & GYMNASICS						
DANCE & GYM PARENT & PUP (18-36 MO)					9:15 - 10:00	
DANCE & GYM OTTER PUP I (3 YRS)	11:30 - 12:15	10:30 - 11:15		11:00 - 11:45	10:15 - 11:00	
DANCE & GYM OTTER PUP II (4-5 YRS)	9:15 - 10:15	12:45 - 1:45			11:00 - 12:00	
DANCE & GYM Beginner (6+ YRS)			3:30 - 5:00			

RIVER CITY DANCE ACADEMY

Classes in Ballet, Tap, Jazz and Hip Hop from the area's top instructors!
Schedule available at the Front Desk or www.rcyf.com

Gymnastics Session 3: January 2 - February 25

Registration is ongoing

Gymnastics Session 4: February 27 - April 21

Priority Registration: January 30 - February 11

Sibling/Switch Week: February 13 - 18

Open Registration begins February 20

*Students can make up one class per session. Make-ups are scheduled based on availability so please contact us at 784-1990 to schedule your class.
Make-ups cannot be carried over to the next session.*

* Must be recommended for these classes

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